

Post Operative Instructions

Otoplasty

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Date:

Chart:

Name:

POST-OPERATIVE INSTRUCTIONS

Otoplasty

DO: Clean suture lines with hydrogen peroxide on a Q-tip 6 times daily.

DO: Apply a special ointment to the suture following cleaning 6 times daily.

DO: Wear a stocking cap or headband pulled over your ears while you are sleeping for two (2) weeks.

DO: Wash hair as discussed with baby shampoo for one (1) week.

DO: Notify us of any excessive swelling, redness or discomfort.

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DO NOT: Pull ears forward under any circumstances.

DO NOT: Wear earrings for two (2) weeks.

DO NOT: Sleep on your ears for three (3) weeks.

FINALLY, NOTIFY US IF YOU HAVE ANY QUESTIONS OR CONCERNS.

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